

2: Thevet--303-304

(1555) 1878

Tupinamba

116, 263, 258

They make salt with sea water, boiled and evaporated to the half, then with some other stuff they transform it into salt. With this salt and pounded spices they make loafs of the size of a man's head and many of them eat it with meat and fish, the women in particular. They also mix spices with their flour, not ground, but as they have picked them.